



ISANA SURVEY ON SEXUAL HEALTH SUPPORT

RESPONSES

Secondary School	23.81% 10
Pathway Program	9.52% 4
VET Sector	19.05% 8
ELICOS	0.00% 0
University	47.62% 20
Total	42

RESPONSES

Secondary School	27.02% 10
Pathway Program	8.11% 3
VET Sector	24.32% 9
University	40.55% 15
Total	37

PROGRAMS ACROSS SECTORS

Sector	Orientation	Counselling / Nurse / Medical	Workshops / Sessions	Publications	Curriculum	None
Secondary Schools (10)	7	4	2*		6	
Pathway Program (3)	1		2	1		
VET Sector (9)	4	5	3	2*		
University (15)	7	6	7*	4*		2

SECONDARY SCHOOLS

Curriculum (PE and Wellbeing), School Nurse and Orientation Sessions feature prominently.

New Zealand Schools report strong support for sexual health education within curriculum

1 Australian School reported participation in Mardi Gras and IDAHOT

PATHWAY PROGRAMS

Reported that they worked with OSHC Providers rather than in-house counselling / nurse, in comparison with other sectors.

1 Institution indicated positive responses from students

VET SECTOR

Highly Variable Practices, with reliance on Orientation Sessions, Specialised Information Sessions, and Publications

New Zealand Institutions reported:

“More Students visiting the Health Centre for contraception. Increased utilisation of Health Services by International students for advice, contraceptives, sexual Health checks etc, also increases awareness of services for all Health and Wellbeing needs.”

UNIVERSITIES

Highly Variable Practices, with reliance on Orientation Sessions, Counselling Services, and Publications

1 Institution reported providing Condoms, Dams, Sanitary Napkins

A number of institutions have Special Themed Weeks organised by Student Association/ Guild

More involved institutions are more likely to measure outcomes and collaborate with external specialised services such as Health Providers, OSHC providers, Health Services

ORIENTATION

Varies from 10 minutes to 1 hour sessions

Topics range from specifically sexual health issues to general health and wellbeing, to “where to go for information?”

Questions that remain:

- What sort of timing is appropriate?
- What depth of information can be provided at Orientation?
- How should institutions market these sessions?
- What supporting information might be provided?

INFORMATION SESSIONS AND WORKSHOPS

There is a wide variety of Workshops and Information Sessions with varying degrees of success.

Some are done in collaboration with external experts, while others are done through internal sources (ie. Counselling, Health Service)

The Information Sessions that are done over time seem to be most consistent but reaches smaller number of students

Questions that remain:

- How do you reach out to more students with these sessions? Is this the right format?
- What form do the most successful sessions/workshops take? How are they marketed?

COUNSELLING

There is clearly a reliance on Counselling, Nurse and Medical Services within Institutions. However, these tend to be by appointment (*and I suspect post-exposure or incident*)

Questions that remain:

- **How can these services be harnessed to provide preventative interventions?** (They are often already involved in Orientations, Information Sessions and Publications)

PUBLICATIONS

Pamphlets and Flyers

Websites and Social Media are newer Channels

Questions that remain:

- What are most useful sources?
- How can these be shared better with students?
- How can we harness digital sources better?

CURRICULUM

The Schools Sector reported the use of Curriculum as a channel for sexual health education – some of which include alcohol and drug related issues as well.

Though there is variability (compulsory and elective), more needs to be done in assessing outcomes.

Questions that remain:

How might these be translated into the information sessions of the other Sectors?

COLLABORATORS

Internal to Educational Institutions:

- Student Services, Health Services, Student Associations, Faculty

External Providers:

- Health Service Providers, Specialised NGOs, Specific Sexual Health Programs,
- OSHC Providers, Accommodation Providers



RELATED ISSUES

Confidence and Communication

Sexualities

Alcohol and Drugs

Interaction with the Wider Communities and Sub-Cultures

Stigma and Privacy

Self-Identity

Trust in Service Providers, Confidentiality