







THE UNIVERSITY
of ADELAIDE

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Counselling and Disability Service

**UniThrive:
don't just survive, thrive at Uni**

adelaide.edu.au *seekLIGHT*

The Diary Room



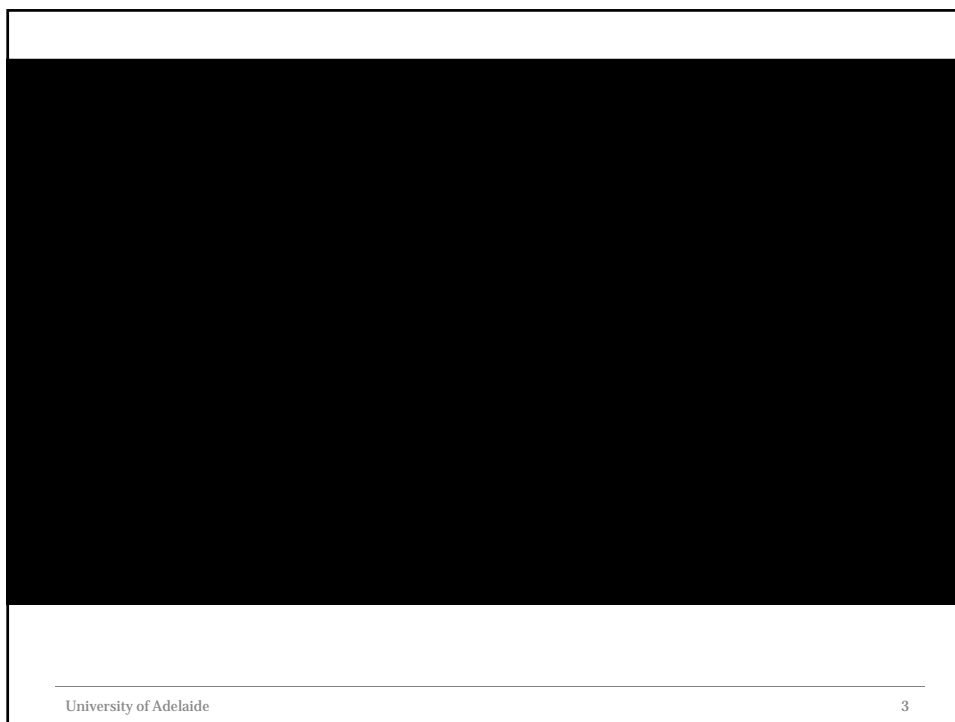
WHAT MESSES WITH YOUR HEAD?

Share how you clean up your mess for your chance to win \$200. For more information visit ua.edu.au/hub-central/mhaw

WIN \$200 VOUCHER

MENTAL HEALTH AWARENESS WEEK 8 - 12 October

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Counselling Resource

- Broad range of students
- Share expertise
- Build on existing skills
- Complement counselling practice
- Pathway for ongoing support
- **NO MORE STAFF**



What do student's want?



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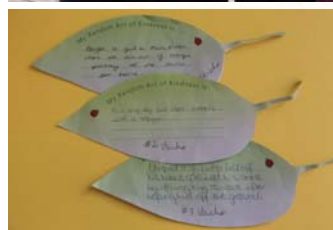
Images



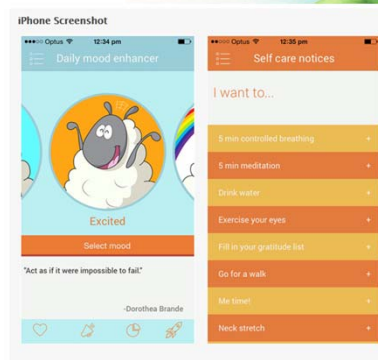
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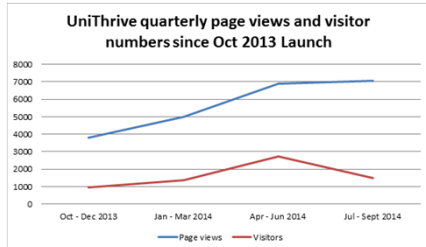
UniThrive: Launch



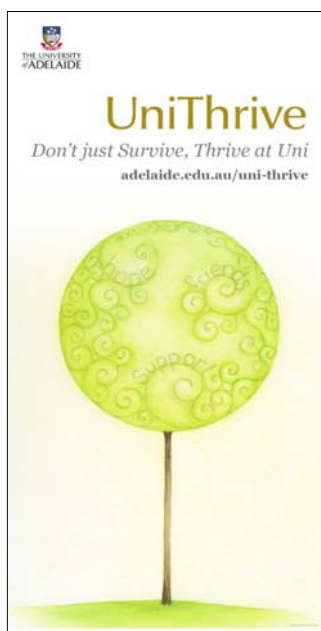
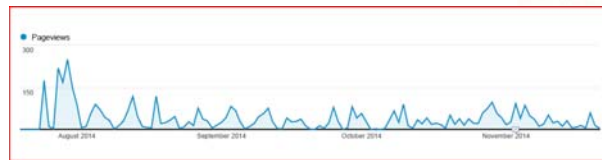
UniThrive blog & mobile app



UniThrive: don't just survive, thrive at uni



UniThrive blog pageviews since August 2014 launch





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