

Facilitating cultural transitions & change

ISANA CONFERENCE WORKSHOP, 2 December 2014

Facilitator: Dr Christine Hogan



**We are all visitors to this time, this place. We are just passing through.
Our purpose here is to observe, to learn, to grow, to love.
And then we return home. Aboriginal saying.**

AIMS

The purpose of this half day workshop is to give participants a taste of the variety of participatory processes that may be used to enable students to manage:

- cultural transitions on arrival in Australia
- cultural transitions back to their homeland, work & community life.

At the end of this workshop participants will be able to:

- use ten generic transition coping skills
- enable students to identify and managing feelings during transitions
- apply myths and stories e.g. the hero/heroine's journey (Joseph Campbell)
- utilise cultural values cards to enable students to map their own culture and build communication bridges.

Figure 1 Transition coping skills

From: Facilitating cultural transitions and change (Hogan 2013)

1-6 based on Hopson and Scally (1980)

1	Knowing yourself
2	Knowing the new situation
3	Knowing others who can help
4	Looking after yourself
5	Letting go
6	Looking for the gains or benefits
7	Ability to transfer skills, knowledge and experience to the new situation
8	Learning to be a cultural investigator, adviser & interpreter
9	Keeping focussed on your dreams and goals (see Dream Card)
10	Developing and maintaining relationships with other students, (OS and local), locals and community members.

Figure 2 Focussed conversation method: Stages of questioning about the learning event

Adapted from Stanfield (1997)

1. What HAPPENED?	2. What did you FEEL inside? (in your heart, stomach or wherever?)	3. What did you LEARN?	4. What do you think the group/you should DECIDE to do (or not do)?
 <ul style="list-style-type: none"> • What ideas or words do you remember & why? • What did you see? • What people did you notice and why? • What sounds do you recall? • What did you touch? (if appropriate) 	 <ul style="list-style-type: none"> • Did you feel? (tick & give examples, reasons) <ul style="list-style-type: none"> -excited..... -surprised..... -angered..... -guilty..... -curious..... -confused..... -sad -worried..... -shame..... -jealous..... -happy..... -bored..... 	 <ul style="list-style-type: none"> • What have you learnt from this experience? • What was the most meaningful aspect of this activity for you? 	 <ul style="list-style-type: none"> • What will you do differently as a result of the experience? • Has this experience changed your thinking in any way? • What would you say to people who were not there? • What action needs to be taken by: <ul style="list-style-type: none"> -you -you and your family -your organisation -your community -other?

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CARD PACKS

Cultural Values Cards see Hogan 2007. Reference above

Power Cards see above Hogan 2012 (reprinted) Reference above

Feelings cards: *Koala company, Stones have feelings too, The bears*. Available from www.innovativeresources.org

THE WORKSHOP FACILITATOR

Dr Christine Hogan is a consultant in community development in Australia, Asia, the Pacific & Africa. Christine has worked in on projects with in Kiribati, Lao PDR, Thailand, Senegal, Abu Dhabi, Myanmar, Bhutan, Mongolia, Nepal, and Hong Kong with various agencies including the World Bank, UNDP, SNV Netherlands and AusAID.



In her spare time, Christine dances and plays music with the "Mad Tatters Morris" team in Perth.

If you are interested in having a Transitions of Cross cultural Communication Workshop in your organisation and /or region or wish to explore ideas, please feel free to contact me:

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