

Reorientation, reverse culture shock and reintegration

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There is often much support offered for students experiencing culture shock when transitioning to life in the UK, but how well are we preparing them for returning to their home culture when their degrees are over? The phenomenon of re-entry shock, or reverse culture shock, is experienced by many students when they return home after their studies. How do we understand and mitigate the shock of re-entering home culture? What should we be doing to help them understand and prepare for this final university transition?

This presentation and workshop will look at why reverse culture shock can be more challenging for students than culture shock itself, and what we can be doing to help prepare them for it. The session will also provide an opportunity to share good practice, and discuss the challenges involved in reorienting students for their transition out of university life